APPLE ARLINGTON PUBLIC SCHOOLS EDUCATE · PREPARE · INSPIRE Thursday Friday Monday **Tuesday** Wednesday **Breakfast Breakfast** 8 **Breakfast** Breakfast Mini French Toast Bagel and Cream Cheese Sliced Pumpkin Bread Whole Grain Cereal Lunch Lunch Lunch Lunch Crispy Chicken Sandwich with Fresh Cheesy Garlic French Bread Pizza with Chicken Nachos with Black Beans Mini Corndogs and Oven Baked Potatoes Fruit of the Day Broccoli Carrot Sticks Fruit of the Day Fruit of the Day Fruit of the Day Fruit Cup Apple Orange Applesauce **Breakfast** Breakfast **Breakfast** Breakfast 15 11 13 14 Blueberry Muffin Sliced Banana Bread Whole Grain Cereal Mini Strawberry Bagels Lunch Lunch Lunch Lunch Breakfast Burrito and Oven Roasted Chicken Tenders and Waffles with Carrot Chicken Nuggets and an Iceberg Salad Meatball Sub Sandwich with Fresh Sticks Fruit of the Day Potatoes Broccoli Fruit of the Day Fruit of the Day Applesauce Fruit of the Day Apple Orange Fruit Cup **Breakfast Breakfast Breakfast** 22 **Breakfast** 18 19 20 21 Bagel and Cream Cheese Sliced Pumpkin Bread Whole Grain Cereal Yogurt and Granola Lunch Lunch Lunch Lunch Chicken Drumstick, Cornbread and Oven Whole Grain Cheese Quesadilla with Turkey Sausage Patty, French Toast and Chicken Alfredo with Fresh Broccoli **Black Beans** Carrot Sticks **Baked Potato Wedges** Fruit of the Day Fruit of the Day Fruit of the Day Fruit of the Day Fruit Cup Orange Applesauce Apple Breakfast Breakfast 29 27 28 25 Waffle and String Cheese Mini Strawberry Bagels Lunch Lunch Mini Corndogs and Oven Baked Potatoes Grilled Cheese Sandwich with Marinara Dipping Sauce and Carrot Sticks Fruit of the Day Fruit of the Day Apple Orange

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